## **Program Description**

This 16-hour workshop provides the evidence, knowledge and skills participants need to confidently support, establish and protect both early mother-infant attachment and breastfeeding in the hospital setting. It will highlight the personal tools necessary to enhance early parent-infant attachment, and help families to listen to and understand the language of the newborn. Emphasis will be on honoring the mother's beliefs and choices of infant feeding.

This workshop was adapted from California Department of Public Health's Birth and Beyond California Learner Workshop and updated to meet the staff training objectives required by Baby-Friendly USA™ for hospitals that are on the new 4-D Pathway to Baby-Friendly™ designation.

This workshop is lively and participatory with interactive activities. It is limited to 25 participants.

### **Target Audience**

Hospital based nursing staff caring for mothers and babies; nurse educators and lactation specialists responsible for breastfeeding staff education.

## Faculty

Genevieve Colvin, IBCLC Susanna Lutton, MPH, CLE Karen Peters, MBA, RD, IBCLC

# Continuing Education Credits offered at no additional charge

**Nurses:** The Community Perinatal Network is an approved provider by the California Board of Registered Nursing. This course offers 15 contact hours of continuing education. CPN's provider number is CEP 14797. Licensee must maintain certificate for a period of four years.

**Lactation Consultants:** BreastfeedLA is an approved provider by the International Board of Lactation Consultant Examiners. CERP (14.5L) application will be submitted.

Sponsored by



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Community Perinatal Network

2110 Artesia Blvd. Suite 423 Redondo Beach, CA 90278 Phone and Fax: (213) 596-5776 www.breastfeedla.org



Birth & Beyond
Los Angeles
Learner Workshop

Wednesdays, Sept. 11 & 25, 2013 8:00 am to 5:00 pm

SLAHP WIC Offices 2930 W. Imperial Hwy, 6<sup>th</sup> Floor Inglewood, CA 90303

# **Objectives**

Following the didactic presentations, participants will be able to:

Define the relationship between the Baby-Friendly practices and exclusive breastfeeding

Create an environment that sup-ports and enhances the newborn's natural capabilities;

Demonstrate the skills necessary to organize care to maximize mother and infant skin-to-skin contact and bonding;

Identify the biologic, nutritional and immunologic properties of breastfeeding and the risks of artificial milk; and to

Recognize and discuss solutions to alleviate common barriers to supporting mothers' choice to exclusively breastfeed.

### **Registration Fees**

Registration includes light snacks, syllabus, and continuing education credit.

\$250

Register online at <a href="https://www.breastfeedla.org">www.breastfeedla.org</a> or complete this registration form and either fax this registration form to (213) 596-5776, or mail with check(s) payable to: BreastfeedLA, 2110 Artesia Blvd. Suite 423, Redondo Beach, CA, 90278

#### Location and Parking

The seminar is located in the 6<sup>th</sup> floor conference room at SLAHP-WIC, 2930 W. Imperial Highway, Inglewood, CA 90303

Free parking is available in the large lot just south of the building.

Participant Confirmation and Handouts

Confirmation will be sent to participants providing an e-mail address.

### Cancellation Policy

Written cancellations received one week prior to the event will be granted subject to a \$10 fee. No refunds after this date.

### **Registration Form**

Birth & Beyond LA September 11 & 25, 2013

Register Online www.BreastfeedLA.org

Price

Mail: BreastfeedLA, 2110 Artesia Blvd, Suite 423 Redondo Beach, CA 90278

Fax: 213-596-5776

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