

Program Description

Ankyloglossia (*tongue-tie*) is a condition that can severely impact breastfeeding, yet many health care providers are reluctant to discuss it. We will explore the evidence base on *frenulotomy*, or “clipping” and present case studies presented to aid those in attendance to be able to convert physicians and nurse practitioners to perform frenulotomies, with the goal of supporting exclusive breastfeeding.

We will highlight the *breastmilk* factors that mitigate viral diseases including influenza, CMV and HIV.

How do we get our physicians on board with breastfeeding when they are so worried about jaundice? To address this common concern, we will take a look at the evidence base for breastfeeding friendly prevention and treatment of *hyperbilirubinemia* with a multi-disciplinary approach to family centered care.

We will also discuss gaps in *outpatient* breastfeeding support services and collaboration opportunities for improving care coordination in our communities.

Faculty

Grace Aldrovandi, MD, CM

Infectious Disease Dept., Children's Hospital LA
Associate Professor of Pediatric Infectious Diseases,
University of Southern CA

Jonathan Goldfinger, MD, MPH

General Pediatrics, Children's Hospital LA
Skirball Fellow

James Murphy, MD, FAAP, FABM, IBCLC

Government Service Pediatrician, U.S. Navy
President Elect, San Diego Breastfeeding Coalition

Target Audience

Physicians, Registered Nurses, Registered Dietitians, Nutritionists, Occupational Therapists, CPHWs, Lactation Consultants & Educators, LLL Leaders, Health Educators, Case Managers, Home Visitors, Doulas, Breastfeeding Peer Counselors, Students, and others interested in supporting families in the initiation and maintenance of breastfeeding.

Continuing Education Credits

offered at no additional charge

Nurses: The Community Perinatal Network is an approved provider by the California Board of Registered Nursing. This course offers 6 contact hours of continuing education. CPN's provider number is CEP 14797. Licensee must maintain certificate for a period of four years.

Lactation Consultants: BreastfeedLA is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT113-36. CERP (5L) application will be submitted.

CHES: The National Commission for Health Education Credentialing, Inc. designates Los Angeles County Department of Public Health, Health Education Administration (LACDPH/HEA) as a provider of continuing education contact hours (CECH) in health education (Provider number MEP 2460). Certified Health Education Specialists (CHES) may receive up to 6 Category I CECH for this event.

Registered Dietitians: Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.

Sponsored by



Co-sponsored by

**Children's Hospital Los Angeles
Community Perinatal Network**

2110 Artesia Blvd. Suite 423
Redondo Beach, CA 90278
Phone and Fax: (213) 596-5776
www.breastfeedla.org



Lactation: Hot Topics, Cool Answers

Tuesday, September 17, 2013

9:00 am to 4:00 pm

Children's Hospital Los Angeles
Saban Auditorium
4661 Sunset Blvd.
Los Angeles, CA 90027

Agenda

9:00	Registration
9:30	Assess Tongue-Tie from Across the Room
11:00	Break
11:15	Amazing Breastmilk: Cellular Immune Responsiveness
12:15	Lunch
1:15	Physicians and Hyperbilirubinemia
2:45	Break
3:00	Outpatient Breastfeeding Support Coordination
4:00	Adjourn

Objectives

Following the didactic presentations, participants will be able to:

Describe the impact of frenulotomy on breastfeeding;

Describe the cellular immune response in breastmilk;

List evidence-based guidelines for prevention and management of hyperbilirubinemia through effective breastfeeding; and to

Develop two strategies to improve outpatient care coordination.

Registration Fees

Registration includes continental breakfast, lunch, and continuing education credit.

\$90 - Up to September 10

\$100 - On or after September 11 and at the door

Location and Parking

The seminar is located Children's Hospital Los Angeles in the Saban Auditorium at 4661 Sunset Blvd.

Parking is available at the main visitor parking garage located at 4650 Sunset Blvd. (at the intersection of Sunset & Rodney). The fee is \$7 per day. Additional parking can be found across from the hospital at 4551 Sunset Blvd., ½ block east of Rodney.

Participant Confirmation and Handouts

Confirmation and handouts will be sent to participants providing an e-mail address. Participants are encouraged to print their own handouts.

Cancellation Policy

Written cancellations received one week prior to the event will be granted subject to a \$5 fee. No refunds after this date.

Registration Form

Lactation : Hot Topics, Cool Answers September 17, 2013

Register Online
www.BreastfeedLA.org

Mail: BreastfeedLA, 2110 Artesia Blvd, #423
Redondo Beach, CA 90278

Fax: 213-596-5776

	Price
<input type="checkbox"/> Early Bird (before 9/11/2013)	\$90
<input type="checkbox"/> General (on or after 9/11/2013)	\$100
<input type="checkbox"/> Tax Deductible Contribution	\$ _____
Total:	\$ _____

Name _____

Job Title _____

Company/Hospital _____

Billing Address _____

Billing City, ZIP _____

Email Address—required to receive confirmation _____

Phone _____ License No. _____

Method of Payment

- Check
 Visa
 Mastercard

_____ CCV

Credit Card # _____ Exp.Date _____

Signature _____

Security Code _____ Billing ZIP _____