

## Program Description

In this important one-day seminar we will strive to *improve* the clinical competencies of L.A.'s lactation support providers by:

- Increasing and applying knowledge of the anatomy and physiology of the breastfeeding dyad to assess the breastfeeding problem.
- Increasing the number of assessment driven interventions.
- Recognizing when skills needed are within our scope of practice and when referral is needed.

Throughout the day we will address four clinical lactation problems:

1. Early *separation* that can undermine the mother's goal of breastfeeding.
2. Augmentation, reduction, biopsy & piercings and the *post-surgery* mother at risk of lactation failure.
3. Unresolved *pain* beyond correct position and latch.
4. Supporting breastfeeding when milk *supply* is questionable and not increasing,

### Faculty

Susan Aldana, IBCLC  
BreastfeedLA

D. Lisa Bollman, RNC, MSN, CPHQ  
Community Perinatal Network

Linda C Goldman DNP, WHNP-BC, FNP, RN, CLE  
CSU Dominguez Hills

Denise Parker, BA, IBCLC  
BreastfeedLA

## Continuing Education Credits

offered at no additional charge

**Nurses:** The Community Perinatal Network is an approved provider by the California Board of Registered Nursing. This course offers 6 contact hours of continuing education. CPN's provider number is CEP 14797. Licensee must maintain certificate for a period of four years.

**Lactation Consultants:** BreastfeedLA is an approved Long-Term Provider by the International Board of Lactation Consultant Examiners #CLT113-36. CERP (5L) application will be submitted.

**CHES:** The National Commission for Health Education Credentialing, Inc. designates Los Angeles County Department of Public Health, Health Education Administration (LACDPH/HEA) as a provider of continuing education contact hours (CECH) in health education (Provider number MEP 2460). Certified Health Education Specialists (CHES) may receive up to 6 Category I CECH for this event.

**Registered Dietitians:** Maintain a copy of the agenda and certificate for CPEs for Professional Development Portfolio.

Sponsored by



Co-sponsored by

**Community Perinatal Network**

2110 Artesia Blvd. Suite 423  
Redondo Beach, CA 90278  
Phone and Fax: (213) 596-5776  
[www.breastfeedla.org](http://www.breastfeedla.org)



## Clinical Lactation Competencies

Monday, October 14, 2013  
9:00 am to 4:00 pm

The California Endowment  
Redwood Room  
1000 N. Alameda Street  
Los Angeles, CA 90012

## Agenda

9:00	Registration
9:30	Supporting Breastfeeding with Early Separation
11:00	Break
11:15	Post-Surgery Breast Issues
12:15	Lunch
1:15	Unresolved Breastfeeding Pain
2:45	Break
3:00	Milk Supply Concerns
4:00	Adjourn

## Objectives

Following the didactic presentations, participants will be able to:

- Identify three anatomical considerations when assessing breastfeeding problems,
- Identify three clinical lactation interventions based on assessment findings, and to
- Discuss limitations of their scope of lactation practice and identify appropriate professionals to refer to.

## Registration Fees

Registration includes continental breakfast, lunch, syllabus, and continuing education credit.

\$90 - Up to October 14

\$100 - On or after October 14 and at the door

### Parking

Free parking is available.  
Metro riders: The California Endowment is located 1-1/2 blocks north of Union Station.

### Participant Confirmation and Handouts

Confirmation and handouts will be sent to participants providing an e-mail address. Participants are encouraged to print their own handouts.

### Cancellation Policy

Written cancellations received one week prior to the event will be granted subject to a \$5 fee. No refunds after this date.

### Target Audience

Physicians, Registered Nurses, Registered Dietitians, Nutritionists, Occupational Therapists, CPHWs, Lactation Consultants & Educators, LLL Leaders, Health Educators, Case Managers, Home Visitors, Doula's, Breastfeeding Peer Counselors, Students, and others interested in supporting breastfeeding families.

## Registration Form

Clinical Lactation Competencies October 14, 2013

Register Online  
[www.BreastfeedLA.org](http://www.BreastfeedLA.org)

Mail: BreastfeedLA, 2110 Artesia Blvd, Suite 423  
Redondo Beach, CA 90278

Fax: 213-596-5776

	Price
<input type="checkbox"/> Early Bird (before 10/07/2013)	\$90
<input type="checkbox"/> General (on or after 10/14/2013)	\$100
<input type="checkbox"/> Tax Deductible Contribution	\$ _____
Total:	\$ _____

Name \_\_\_\_\_

Job Title \_\_\_\_\_

Company/Hospital \_\_\_\_\_

Billing Address \_\_\_\_\_

Billing City, ZIP \_\_\_\_\_

Email Address—required to receive confirmation \_\_\_\_\_

Phone \_\_\_\_\_

License No. \_\_\_\_\_

### Method of Payment

- Check  
 Visa  
 Mastercard

CCV \_\_\_\_\_

Credit Card # \_\_\_\_\_

Exp.Date \_\_\_\_\_

Signature \_\_\_\_\_

Security Code \_\_\_\_\_

Billing ZIP \_\_\_\_\_