

## Meet the Presenters ...

**Winford C. "Butch" Ashley, JD**, received his JD from Jackson School of Law in Mississippi. He is now the Assistant General Counsel for the Tennessee Department of Human Services. For over 14 years, Winford has managed elder abuse litigation for Adult Protective Services in 36 counties of East Tennessee.

**Sherry Cummings, PhD**, is the Associated Dean of the University of Tennessee College of Social Work in Nashville. She is a fellow of the Gerontological Society of America and past president of the Association of Gerontological Education in Social Work. Sherry has published over 40 articles and two books, and she presents widely at national and international conferences.

**Christopher Dull, JD,MD**, graduated from the Indiana University Law School and Vanderbilt School of Medicine. He served as the Psychiatry Chief Resident at Johns Hopkins. Following his work at Centerstone and TriStar Skyline Madison Campus, Christopher recently opened the Geriatric Restorative Care Unit at Sumner Regional Hospital.

**Robert Hinds, PhD**, has a 40-year career in addiction treatment and recovery advocacy. He has served as CEO of two hospitals, and for the last 20 years, Robert has worked as the Executive Director of Bradford Health Services in Madison, Alabama, an 84-bed chemical dependency facility.

**Amanda Scott, LBSW**, worked as a CNA and social services professional in long-term care before serving the last 14 years as an ombudsman with the West Tennessee Legal Services office in Jackson, Tennessee. Her position allows Amanda to advocate for residents, resolve disputes, and educate the public on long-term care issues.

**Pam Wright, JD, CELA**, is a graduate of Duke Law School, a listed Rule 31 mediator, and a certified Elder Law specialist. In 2011, she received the prestigious Jane Kennedy Excellence in Aging award. Since leaving the Tennessee Justice Center, Pam has served as an attorney with the West Tennessee Legal Services in Memphis.

**Phyllis P. Wright, DNP, GNP-BC**, is an Assistant Clinical Professor at Emory University School of Nursing. She is a clinical lead for a Nursing Education Unit for undergraduate students in an Acute Geriatric Care facility. Phyllis also serves as one of the core faculty for the Adult/Geriatric Nurse Practitioner program at Emory University.



Founded in 1946, the agency formerly known as Mental Health Association of Mental Tennessee is now called Mental Health America of Middle Tennessee (MHAMT).

Its mission is to:

- ◆ Connect the community with specialized mental health and wellness resources
- ◆ Provide services that improve the quality of life
- ◆ Promote effective services where mental health needs exist

MHAMT believes that:

- \* Mental illness is real and treatable
- \* Every life is worth saving
- \* There is no health without mental health

This symposium is part of MHAMT's educational outreach. It reinforces our commitment to improving the quality of care for mental health consumers and to advancing research-based knowledge. It also serves as an important tool for professionals who work with mental health consumers.

295 Plus Park Boulevard, Suite 201  
Nashville, Tennessee 37217

P: (615) 269-5355

F: (615) 269-5413

[www.mhamt.org](http://www.mhamt.org)



**DIRECTIONS:** From I-24 (W) or I-440 (E), take the Murfreesboro Road exit. Turn left (North) onto Murfreesboro Road and travel two (2) miles, where you will find Trevecca Nazarene University located on the left.

Once you enter the campus, turn at the first drive on your right to arrive at Trevecca Community Church.

Look for signs located near the road which direct visitors to the church.

## 2nd Annual Aging and Behavioral Health Symposium June 16 \* 8AM - 4:00PM



### 6 CEUs

## Trevecca Community Church

on the campus of Trevecca Nazarene University

333 Murfreesboro Road \* Nashville, TN

Free Registration \* Complimentary Lunch

Presented by ...



## Understanding Aging and Behavioral Health

Over 10,000 baby boomers are turning 65 each day. In Davidson County alone, the senior citizen population is expected to double by 2040...from 65,403 to 133,012. Tennesseans are living longer, oftentimes starting or extending their addictions and mental illness into their 70s and 80s. Chemical dependency, Alzheimer's, exercise, and the "point system" for nursing home admissions are just a few topics to be discussed at this year's Aging & Behavioral Health Symposium. Join Mental Health America, Centerstone, and the TN Dept of Mental Health and Substance Abuse Services, along with many other booth sponsors, as experts present new information about one of our most valued populations.

### Symposium Objectives

After completing this educational program, attendees will be able to:

- ◆ Discuss the heightened relevance of medical and mental health co-morbidity among older adults and the advantages of integrated care for this population;
- ◆ Differentiate between chronological age and physiologic age;
- ◆ List more than four (4) forms of elder abuse and know how to report elder abuse;
- ◆ Assist clients in navigating the nursing home admissions process when advanced care is warranted;
- ◆ Identify key at risk indicators for substance abuse in older adults

### General Outline: Six Hours of Coursework

|                      |   |
|----------------------|---|
| <b>8:00A</b>         | Registration  |
| <b>8:20-8:30A</b>    | Welcoming Address, <i>TDMHSAS and TCAD</i>  |
| <b>8:30-9:30A</b>    | Behavioral Health & Aging, <i>Dr. Sherry Cummings</i>   |
| <b>9:30-10:30A</b>   | Healthy Aging, <i>Dr. Phyllis Wright</i>  |
| <b>10:45-11:45A</b>  | Elder Abuse, <i>Butch Ashley, JD</i>  |
| <b>11:45A-12:30P</b> | Lunch   |
| <b>12:30-1:30P</b>   | Nursing Home Admissions: Assessments and Pitfalls, <i>Pam Wright, JD &amp; Amanda Scott, LBSW</i> |
| <b>1:45-2:45P</b>    | Alzheimer's Update, <i>Dr. Christopher Dull</i>   |
| <b>2:45-3:45P</b>    | Aging & Chemical Dependency, <i>Dr. Robert Hinds</i>  |
| <b>3:45-4P</b>       | Adjournment   |



## Continuing Education Credits ...

**ACLF/RHA ADMINISTRATORS:** This educational offering has been approved for six (6) hours of continuing education credit for ACLF/RHA administrators.

**ACTIVITY PROFESSIONALS:** The Aging & Behavioral Health Symposium has been approved for six (6) hours of continuing education credit by the National Certification Council of Activity Professionals (NCCAP).

**LADACs:** This educational program has been pre-approved for six (6) hours of NAADAC credit. Certificates of attendance will be made available to licensed alcohol and drug abuse counselors who need contact hours and proof of attendance at an educational seminar related to their profession.

**LPCs:** TLCPA is an NBCC-approved Continuing Education Provider and a co-sponsor of this symposium. TLCPA may award NBCC-approved clock hours for events or programs that meet NBCC requirements. TLCPA maintains responsibility for the content of this event, which has been approved for 6.0 CEUs.

**NURSING:** The University of Tennessee (UT)-Martin has approved this symposium for .6 CEUs. CEUs are awarded at the rate of one (1) CEU for every ten (10) hours of instruction. Upon completion of the program, the attendee will have a permanent record on file with the Academic Records Office at UT-Martin denoting this training. The attendee will also be issued a Certificate of Completion from UT-Martin. Attendees wishing to obtain a copy of a non-degree transcript may find instructions for doing so at the following website: [www.utm.edu/departments/registrar/transcripts.php](http://www.utm.edu/departments/registrar/transcripts.php).

**NURSING HOME ADMINISTRATORS:** This educational offering is being reviewed by the National Continuing Education Review Service (NCERS) of the National Association of Long Term Care Administration Boards (NAB). Pending approval is for six (6) clock hours and six (6) participant hours.

**SOCIAL WORKERS:** This symposium has been pre-approved by the National Association of Social Workers - TN Chapter for 6.0 CEUs.

**OTHER:** A certificate of attendance will be made available for professionals who need contact hours.

## Registration: Aging & Behavioral Health Symposium June 16, 2014

(Please print; complete one registration per participant.)

|                        |                                      |
|------------------------|--------------------------------------|
| <b>NAME</b>            |                                      |
| <b>FACILITY</b>        |                                      |
| <b>CURRENT ADDRESS</b> |                                      |
| <b>CITY</b>            |                                      |
| <b>STATE</b>           |                                      |
| <b>ZIP</b>             |                                      |
| <b>PHONE</b>           |                                      |
| <b>EMAIL</b>           |                                      |
| <b>CREDENTIALS</b>     | (i.e. LCSW, RN, MSW)                 |
| <b>DATE OF BIRTH</b>   | (for Nursing Credit and Certificate) |

### DEADLINE FOR REGISTRATION June 11, 2014

Register Online: [www.mhamt.org](http://www.mhamt.org)

Questions? Call (615) 269-5355 or email [tstarling@mhamt.org](mailto:tstarling@mhamt.org).

**WHILE THIS EDUCATIONAL PROGRAM IS FREE,  
YOU MUST REGISTER SINCE SPACE IS LIMITED.**

You may mail completed registration to:

**Mental Health America of Middle Tennessee  
295 Plus Park Blvd, Suite 201  
Nashville, TN 37217**

**CANCELLATION:** Please find a substitute who can attend in your absence as this symposium provides materials and meals for all who register. We request that all cancellations occur within 72 hours of the program. This courtesy will assist us in planning and allow us to continue providing seminars free of charge to attendees.