

## Conference Objectives

Upon completion of the seminar, participants will be able to:

(Day 1)

- List three preventive resources and three treatment resources for children's behavioral health.
- Discuss protective factors that build resiliency in youth who are bullied or transitioning.
- Explain how play therapy constructively helps children, who may not have words to share during therapy.

(Day 2)

- Discuss brain differences of children with Fetal Alcohol Syndrome, ADHD, and trauma.
- Discuss the causes and treatment of trauma.
- List factors that contribute to attachment problems.

## Continuing Education Credits

**LPCs:** TLCPA is an NBCC-Approved Continuing Education Provider and a co-sponsor of this program. TLCPA may award NBCC-approved clock hours for events or programs that meet NBCC requirements. TLCPA maintains responsibility for the content of this event. This seminar has been approved for 6 hours of general continuing education each day.

**Social Workers:** This seminar has been approved for 6 contact hours per day of general continuing education.

**Nurses:** The University of Tennessee at Martin has approved this program for 0.6 Continuing Education Units (CEUs) per day. CEUs are awarded at the rate of one CEU for every ten hours of instruction. Upon completion of the program, you will have a permanent record on file with UT Martin's Academic Records Office for this training and you will be issued a Certificate of Completion from the University of Tennessee at Martin. To obtain a copy of your non-degree transcript, please see the instructions at the following website: [www.utm.edu/departments/registrar/transcripts.php](http://www.utm.edu/departments/registrar/transcripts.php)

**LADACs:** Certificates of attendance will be made available to licenced alcohol and drug abuse counselors who need contact hours and proof of attending an educational seminar related to their profession.

**Other:** A certificate of attendance will be made available for professionals needing contact hours.

### Special Thanks To:



Vanderbilt  
Psychiatric Hospital

VANDERBILT UNIVERSITY  
MEDICAL CENTER



YouthVILLAGES

## About Mental Health America of Middle Tennessee

Mental Health America of Middle Tennessee (formerly Mental Health Association of Middle Tennessee) was founded in 1946 and its mission is to connect the community with specialized mental health and wellness resources, provide services that improve the quality of life, and promote effective services where mental health needs exist. The agency believes that mental illness is real and treatable, that every life is worth saving, and that there is no health without mental health.

This Mental Health Academy seminar is part of MHAMT's educational outreach and exhibits our commitment to improving the quality of care for mental health consumers and advancing research-based knowledge and tools to professionals working with mental health consumers.

## Location

**Second Harvest Food Bank of Middle Tennessee**  
331 Great Circle Road  
Nashville, TN 37228  
615-329-3491

## Directions

From I-40 (W) or I-65 (N), take the US-41A exit toward State Capitol. Turn onto US-41A N/ TN-12 N / Rosa L. Parks Blvd. In 0.5 mile, turn right onto Vantage Way. Follow Vantage Way for 0.5 mile then turn left on Great Circle Road. Proceed 0.5 mile, Second Harvest Food Bank of Middle Tennessee is located on the right.



295 Plus Park Blvd, Suite 201  
Nashville, Tennessee 37217  
Phone: 615.269.5355  
[www.mhamt.org](http://www.mhamt.org)



## Children's Issues



## August 15 and 16: Nashville

- **Fetal Alcohol Syndrome** • **Resources**
- **Transitioning Out of Foster Care**
- **Trauma** • **Trafficking in Tennessee**
- **Bullying** • **A&D Issues** • **Play Therapy**
- **ADHD** • **LGBT Cultural Competency**
- **Adoption** • **Attachment Issues**

**\$125 for Two Day Registration**  
**\$75 for One Day Registration**  
**12 CEUs and Lunch Included**

## Day One Outline (6 hours of coursework):

<b>8:00 a.m.</b>	<b>Registration</b>
<b>8:30-9:30</b>	Bullying Rodger Dinwiddie, M.Ed. (Chief Executive Officer of STARS Nashville)
<b>9:30-10:30</b>	Adolescent Chemical Dependency Heather Hendrickson, LPC-MHSP and Ayne Wallace Nichols, LMSW from Cumberland Heights
<b>10:30-10:45</b>	<b>Break</b>
<b>10:45-11:45</b>	Play Therapy Lauren Capozzi, MMFT (Children's Program Director from The Refuge Center for Counseling)
<b>11:45-12:45</b>	<b>Lunch</b>
<b>12:45-1:45</b>	Mental Health America of Middle Tennessee Programs and Services Joanna Bane (I.C. Hope® Services Coordinator) and Steven Good (I.C. Hope® Mascot) Christen Thorpe, MS, CRC (Trainer and Postvention Specialist for Tennessee Lives Count)
<b>1:45-2:45</b>	Transitioning Out of Foster Care Tawny Spinelli, B.A. (Former Foster Youth)
<b>2:45-3:00</b>	<b>Break</b>
<b>3:00-4:00</b>	Resources Tim Maguigan and Heather DeMith from KidLink Treatment Services
<b>4:00-4:15 p.m.</b>	<b>Evaluation and Adjournment</b>

## Day Two Outline (6 hours of coursework):

<b>8:00 a.m.</b>	<b>Registration</b>
<b>8:30-9:30</b>	ADHD and Medications Karen Rhea, M.D. (Chief Medical Officer at Centerstone)
<b>9:30-10:30</b>	LGBT Cultural Competency Pam Sheffer ( <i>Just Us</i> Program Coordinator at Oasis Center)
<b>10:30-10:45</b>	<b>Break</b>
<b>10:45-11:45</b>	Adoption and Attachment Issues Jan Dick, LCSW (Director of Child and Family Permanency at Family and Children's Services)
<b>11:45-12:45</b>	<b>Lunch</b>
<b>12:45-1:45</b>	Fetal Alcohol Syndrome Monica Coakley, J.D. (Principal, Washington National Tax Attorney at KPMG)
<b>1:45-2:45</b>	Trauma and Children Becky Russell, M.Ed., LPC-MHSP (Clinical Therapist at The Sexual Assault Center)
<b>2:45-3:00</b>	<b>Break</b>
<b>3:00-4:00</b>	Human Trafficking Kathryn Suppes (Director of Tennessee Chapter for the Trafficking in America Task Force)
<b>4:00-4:15 p.m.</b>	<b>Evaluation and Adjournment</b>

**Registration & Cancellation:** Registration includes seminar and lunch. A substitute may attend in your place, as there is no refund. Although it has never occurred, MHAMT reserves the right to cancel the event due to unforeseen circumstances, in which case you will be contacted and credit will be given.

## Registration

### Children's Issues August 15-16, 2013: Nashville

(Please Print - One Registration Per Participant)

Name: \_\_\_\_\_  
 Facility: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_  
 State: \_\_\_\_\_ ZIP: \_\_\_\_\_  
 Phone: (\_\_\_\_) \_\_\_\_\_  
 E-mail: \_\_\_\_\_  
 Your Profession (ie: LCSW, RN, MSW, etc.): \_\_\_\_\_  
 For Nursing Credit & Certificate, please include your  
 Date of Birth: \_\_\_\_\_

#### Select Registration Option:

	Two Day Registration	\$125.00
	One Day Registration: Thursday	\$75.00
	One Day Registration: Friday	\$75.00
<b>Total:</b>		

**NOTE:** There are no refunds, but substitutes are allowed.  
Space is limited.

#### Registration includes CEUs and Lunch

#### Payment Method (please circle):

Check (payable to: Mental Health America of Middle Tennessee)  
 VISA    MasterCard    AMEX  
 Card #: \_\_\_\_\_  
 Expiration Date: \_\_\_\_\_ CVV Code: \_\_\_\_\_

#### Send registration with payment to:

Mental Health America of Middle Tennessee  
 295 Plus Park Blvd, Suite 201  
 Nashville, TN 37217  
 Fax: 615.269.5413

**Register Online at [www.mhamt.org](http://www.mhamt.org)**

**Questions?** Call 615.269.5355 or email [torth@mhamt.org](mailto:torth@mhamt.org)