Special Thanks To:





























Planning Committee:









About Mental Health America of Middle Tennessee

Mental Health America of Middle Tennessee (formerly Mental Health Association of Middle Tennessee) was founded in 1946 and its mission is to connect the community with specialized mental health and wellness resources, provide services that improve the quality of life, and promote effective services where mental health needs exist. The agency believes that mental illness is real and treatable, that every life is worth saving, and that there is no health without mental health.

This Mental Health Academy seminar is part of MHAMT's educational outreach and exhibits our commitment to improving the quality of care for mental health consumers and advancing research-based knowledge and tools to professionals working with mental health consumers.

Location

Trevecca Community Church 333 Murfreesboro Pike Nashville, TN 37210

Directions

From I-24 (W) or I-440 (E), take the Murfreesboro Road exit. Turn left (North) onto Murfreesboro Rd. Travel 2 miles and Trevecca Nazarene University will be on the left. As you enter the campus, Trevecca Community Church is the first drive on the right. Signs for the church are posted near the road.



295 Plus Park Blvd, Suite 201 Nashville, Tennessee 37217 Phone: 615.269.5355 www.mhamt.org



So Your Loved One has Alzheimer's...



A Journey for Caregivers

Tuesday, July 23
Trevecca Community Church
Nashville

FREE Seminar,
open to all caregivers!
Respite care will be available
at no cost.

Lunch provided at no cost.

Conference Schedule:

9:30 - 10 a.m.	Registration	
10 -10:10 a.m.	Opening Address	
	Diane Gramann, LAPS	W, ACSW
10:10 - 10:30 a.m.	Caregiver Perspective	
	Genma Holmes	
10:30 - 11:30 a.m.	Understanding Stages and Challenges	
	Mary Harkleroad, LCSW	
11:30 - 12:30 p.m.	Lunch	
12:30 -1 p.m.	What Caregivers Can Do to Prepare for the Long Goodbye	
	Video of Dr. Bill Petrie	
1 - 1:45 p.m.	Panel Discussion: Staying at Home Safely	
	Driving	Christy Horner
	Home Modifications	Jason Biddle
	In-Home Care	Nancy Pertl
1:45 - 2:30 p.m.	If Home Is No Longer An Option	
	Maribeth Farringer	
	Diane Gramann, LAPSW, ACSW	

Registration

So Your Loved One Has Alzheimer's... **A Journey for Caregivers**

July 23, 2013: Nashville

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(Please Print - One Registration Per Participant)
Name:
Address:
City:
State: ZIP:
Phone: ()
E-mail:
Your Profession (ie: LCSW, RN, MSW, etc.):
FREE respite care provided.
Do you need respite care during the conference? O Yes O No
Registration is FREE. NOTE: Registration closes July 18. RSVP online at www.mhamt.org (Click on the events link and follow the steps).
Registration includes Lunch.
Sponsorship opportunities available Contact Nancy Pertl at 615-269-5355 for details.

Send registration to:

Mental Health America of Middle Tennessee 295 Plus Park Blvd, Suite 201 Nashville, TN 37217

Fax: 615.269.5413

Register Online at www.mhamt.org **Questions?** Call 615.269.5355 or email torth@mhamt.org