

Location & Directions

Directions to RiverView Inn: From Nashville, take I-24 West. Take exit 11 and turn left onto TN-76 toward Clarksville. Go 3.3 miles and right at Madison St/TN-112/US41. Go 5 miles, and turn left at College St/TN-48/US-41A. Turn left at Public Square, and the RiverView Inn is on your right at 50 College St.

Conference Objectives

- List 3 ways caregivers can manage holiday stress
- List 3 pitfalls in listing someone as your conservator or giving them power of attorney (POA)
- Distinguish between 3 types of dementias
- Demonstrate how to influence someone into healthier nutrition when they ordinarily would not eat
- Describe the different services offered by home health, assisted living, and nursing homes

Continuing Education Credits

LPCs: TLCPA is an NBCC-Approved Continuing Education Provider and a co-sponsor of this program. TLCPA may award NBCC-approved clock hours for events or programs that meet NBCC requirements. TLPCA maintains responsibility for the content of this event.

Social Workers: This seminar has been approved by the National Association of Social Workers– TN Chapter for 6.0 hours of continuing education units. The course has been approved by NASW-KY and NASW-TN.

ACLF/RHA Administrators: This educational offering has been approved for 6.0 hours of continuing education credit for ACLF/RHA administrator.

Nursing: The University of Tennessee at Martin has approved this program for .6 Continuing Education Units (CEUs). CEUs are awarded at the rate of one CEU for every ten hours of instruction. Upon completion of the program, you will have a permanent record on file with UT Martin's Academic Records Office for this training and you will be issued a Certificate of Completion from the University of Tennessee at Martin. To obtain a copy of your non-degree transcript, please see the instructions at the following website: www.utm.edu/departments/registrar/transcripts.php

LADACs: Subject matter for this seminar has been submitted for 6.0 CEUs for LADACs. Approval is pending.



presents...

Aging, Behavior & Caregiving

October 23: Clarksville



- Alzheimer's Caregiving
- Strategic Caregiving
- Body-Brain Connection
- Conservatorship & POA

Brought to you by . . .

Behavioral Healthcare Center of Clarksville
Walking Horse Meadows Assisted Living
Mental Health America of Middle Tennessee

\$60 Registration

6 CEUs and Lunch Included
***FREE* for family caregivers**
(pre-registration required)

Solutions to Aging Problems

Information, answers, and support are available from your local professionals at this timely gathering in Clarksville, TN. This seminar is FREE to family caregivers and timely for professionals who need continuing education on pressing, aging issues. You will have a chance to network with other families, multi-discipline professionals, and local resources.



Learn how you as a caregiver can survive the upcoming holidays. Learn about managing anxiety and behaviors related to three types of dementia. Selecting a conservator and advanced planning options are another focus. Space is limited, so you will want to register today!

General Outline (6 hours of coursework):

8:00am	Registration
8:30-9:30am	Surviving the Holidays
9:45-10:45am	Ethical Issues: Conservatorships
10:45-11:45am	Advance Directives: Five Wishes
11:45am-1:00pm	Lunch
1:00-2:00pm	Nutrition: Body-Brain Connection
2:15-3:15pm	Alzheimer's and Other Dementias
3:15-4:15pm	Right Care at the Right Time

Registration & Cancellation: Registration includes seminar and lunch. A substitute may attend in your place, as there is no refund (credit may be given). Although it has never occurred, MHAMT reserves the right to cancel the event due to unforeseen circumstances, in which case you will be contacted and credit will be given.

Special Thanks To:



About the Speakers

Nikkalynn DeLaurentis, DO, is a graduate of Midwestern University and Purdue University, and she is the Associate Medical Director at Aseracare Hospice in Clarksville. She is board certified in Hospice and Palliative Medicine.

Diane Gramann, LAPSW, LMSW, ACSW, is the Program Manager for Mental Health America of Middle TN and has twice led as Director of the local Alzheimer's Association.

Cindy Johnson is the Community Education Director for Behavioral Healthcare Center of Clarksville, and she is a survivor of suicide and a trainer in Question, Persuade, Refer, which is a popular suicide prevention program. Ms. Johnson has over 20 years of experience with senior citizens.

Constance Johnson, MD, is a neurologist with the Headache Care Center in Clarksville. She received her training from John Hopkins and is and has been a clinical faculty member with Vanderbilt. Dr. Constance Johnson is the Medical Director at Walking Horse Meadows Assisted Living & Memory Care.

Karman C. Meyer, RD, LDN, left her hospital environment to become the Clinical Dietician and Foodservice Supervisor at Cumberland Manor Nursing & Rehabilitation Center in Nashville. She has also provide menu development and nutrition education at Suzanne Bowen Fitness and the YMCA Fun Company. She is currently the PR Chair for the Nashville Dietetic Assn.

Ray Runyon, Esq, has 14 years of legal experience in TN & KY. Named a "rising star" by Super Lawyers in 2011 and among TN's best trial lawyers under age 40, Mr. Runyon has also served as a guardian ad litem and counsel for many petitioners.

Amanda Switalski, RD, LDN, is a foodservice supervisor and clinical dietician for Northside Healthcare of Murfreesboro and Meadowbrook Healthcare of Pulaski, TN. Under her leadership, over 75 nursing home residents receive dietary assessments, care plans, and nutrition customized to their needs.

Registration

Aging, Behavior & Caregiving October 23, 2012

(Please Print - One Registration Per Participant)

Name: _____

Facility: _____

Address: _____

City: _____

State: _____ ZIP: _____

Phone: (____) _____

E-mail: _____

Your Profession (ie: LCSW, RN, MD, etc.): _____

Registration Fee:

FREE FOR CAREGIVERS

Before October 12 = \$60

After October 12 = \$80

Registration includes CEUs and Lunch
Family caregivers will not receive certificate of attendance, but registration is still required in order to attend.

Payment Method (please circle):

Check (payable to: Mental Health America of Middle Tennessee)

VISA MasterCard AMEX

Card #: _____

Expiration Date: _____ CVV Code: _____

Send registration with payment to:

Mental Health America of Middle Tennessee

295 Plus Park Blvd, Suite 201

Nashville, TN 37217

Fax: 615.269.5413

*Please note that payment address is different than conference location

Register Online:

www.mhamt.org

Questions? Call 615.269.5355
or email tstarling@mhamt.org