



6 WEEKS TO A HEALTHIER YOU SCHOLARSHIP APPLICATION

Instructions: Please complete this application by answering each question. If you have questions about the application, you may contact Verdant Health at 425-582-8600 or jennifer.piplic@verdanthealth.org.

Name:		
Street address:		
City:	State:	Zip Code:
Email:	Phone:	
Employer name (if employed):		
Number of people in household requesting scholarships (please complete separate form for each person, but indicate total here):		

A. Household size and income

1. Number of people in household (including children): _____
2. Please check the **one** box that best indicates your **household's** income
 - Less than \$20,000 per year
 - \$20,000-\$40,000 per year
 - \$40,000-\$60,000 per year
 - More than \$60,000 per year

B. Why would you like to participate in 6 Weeks to a Healthier You and what do you hope to gain from the program?

C. To get the most out of the program, it is important that participants complete all 6 weeks, including two opportunities to get your health measured (ex. blood pressure, cholesterol tests).

Will you commit to sticking with the program for all 6 weeks?

- Yes
- No
- Maybe, I'm not sure I can make all six weeks

Program Schedule:

- 6 evening sessions: April 15, 22, 29, and May 5, 13, 20 from 6:30-8 p.m. at the Lynnwood Convention Center.
- Biometric Pre and Post Tests (cholesterol, blood pressure, etc.) in April and May.

The deadline for us to receive your application is March 30, 2014.

D. What challenges do you think could prevent you from completing the program and how will you overcome these challenges?

E. Is there anything else we should know as we consider your scholarship application?

F. I certify that the above information is true and complete to the best of my knowledge.

Name: _____ Date: _____

Please e-mail your completed application to jennifer.piplic@verdanthealth.org. Alternatively, you can fax it to 425-582-8527 or mail it to PO Box 2606, Lynnwood, WA 98036. **The deadline for us to receive your application is March 30, 2014.**

Applicants will be notified after their application is reviewed.