

The Art of Hosting Conversations that Matter

April 1 & 2 • 2014

8:30 am – 5:00 pm

Location:

Good Shepherd Services
Edwin Gould Academy
55 East 110th St.
New York, NY 10029

Restoring Sanctuary – A Strategy Session with Sandra Bloom, M.D.

Co-Founder of **the Sanctuary Model** and Co-Author of
*Restoring Sanctuary: A new
operating system for trauma-
informed systems of care*

April 3, 2014

8:30am – 12:30pm

*What are the risks we need to take to
shift and transform our systems,
organizations and communities to
promote healing and growth?*

The Art of Hosting Conversations that Matter in Healing Trauma within our Histories, our Families, our Communities, and our Organizations

Co-Sponsored by
The Art of Hosting,
Good Shepherd Services and ANDRUS

Weaving Participatory Practices and the Sanctuary Model®



REGISTRATION ON EVENTBRITE: <http://www.eventbrite.com/e/art-of-hosting-conversations-that-matter-in-healing-trauma-tickets-10601273695>



The 2-day Art of Hosting practicum introduces a way of working together that invites the Sanctuary Model's 7 Commitments components - particularly open communication, shared governance, social responsibility and growth and change. Art of Hosting is a proven practice of utilizing participatory processes ~ i.e., Circle, World Cafe, Open Space, Theory U and Appreciative Inquiry ~ in a way that engages and activates the passion, wisdom and possibility in groups of people with diverse wisdom and skills to create a place - to heal trauma in our histories, our communities, our organizations and our families.

What emerges: • Deep learning • Community Inquiry • Strategic change ideas • Engaging processes • Bold action • Courage and inspiration • Communities of practice • Local and global allies • Practical tools to co-create a new future

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"Our imagined goal of the Sanctuary Model is that we help to create a parallel process of recovery for everyone simultaneously: clients, staff, organizations --- and maybe even our society."

Excerpt from *Restoring Sanctuary*

THE HOSTING TEAM:

Richard Rivera provides specialized leadership and management development, change management, peer group learning, strategic planning, cultural diversity, executive retreats, succession planning and executive coaching. He is a global steward of the Art of Hosting Conversations that Matter and has facilitated these trainings at Riverside Church, the Center for Social Innovation and numerous child welfare and school programs in NYC. Rich received his M.S.W. from Columbia University, School of Social Work.

Mayra Lopez, LMSW is Director of Trauma Programming as Good Shepherd Services in NYC working primarily with residential programs, including adolescent group residences, juvenile justice and supportive housing programs. Mayra has been an integral part of the creation and development of trauma-informed practice at Good Shepherd Services and in 2012 received the Sanctuary Leadership Award for her unwavering commitment to the Sanctuary Model of Trauma-Informed Care.

Allen Kwabena Frimpong is with BCT Partners, a firm focused on social impact. He is leading the technical assistance coordination of Robert Wood Johnson Foundation's Forward Promise initiative - national grant-making effort to improve the health and success of boys and men of color. Allen has a background in urban health policy and participatory planning in mental health, substance abuse, infectious disease related health services and initiatives to support racial equity in the workplace. He focuses on work with social service practitioners to shift their systems and processes through a trauma informed care approach.

Dave Ellis is a certified master trainer and technical assistance provider on trauma, trauma informed care, neurobiology and brain development. He is a global steward of the Art of Hosting and Harvesting Conversations that Matter and uses those methods and practices to create unique learning for professionals and communities.

Katie Boone is a host practitioner who comes from an extensive background in non-profit, community, and academic worlds. Her current focus is in exploring ways to foster healing with communities, organizations and systems that want to authentically create meaningful change. She has worked extensively within immigrant and refugee communities, early childhood, youth, veterans, and health and well-being initiatives.



Join us on **April 3, 2014**

8:30 am – 12:30 pm

for a special morning program with

Dr. Sandra Bloom

to explore the **CROSSROAD** we are at

in our work to **HEAL TRAUMA**

and the **RISKS** we must take

to create a different **FUTURE**

of **WELL-BEING** and resilience

"After eons of intergenerational violence, degradation, confusion, irrationality, deceit, and disaster, humanity is at a crossroad. There is an urgent need for us to adapt to a different way, to change the way we do things, the way we think, how we manage our emotions, and, perhaps more importantly, how we treat each other and the complex ecological system in which we are all embedded. We live in a traumatized world that needs to heal if we are to survive."

From **Restoring Sanctuary** p.2



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This is for service providers across the spectrum of communities, organizations, sectors, programs, titles, roles, and experiences – working to heal individual and collective trauma. This includes social services programs, education, health care, mental health services, juvenile justice, corrections, probation, faith-based, domestic violence, emergency response, substance abuse, foundations, policy makers, employment, community development, veterans, activists, social innovators, social and restorative justice, child welfare, storytellers . . . all who are working in the area of trauma.



Sandra L. Bloom, M.D. is a Board Certified psychiatrist, and co-founder along with ANDRUS, of the Sanctuary Model an evidence-supported, developmentally grounded, trauma- informed organizational change method focused on caregiving organizations of all kinds. In 2005 Dr. Bloom partnered with ANDRUS, a child-serving non profit in Yonkers, New York to launch the ANDRUS Sanctuary Institute with the sole purpose of helping other organizations adopt the Model. To date, the ANDRUS Sanctuary Institute, together with Dr. Bloom have worked with over 300 organizations nationally and internationally to help them formally adopt the Sanctuary Model. Dr. Bloom was a Past President of the International Society for Traumatic Stress Studies and in 1998 received the Sarah Haley Award for Clinical Excellence from the ISTSS. From 1980-2001, Dr. Bloom served as Founder and Executive Director of the Sanctuary inpatient psychiatric programs for the treatment of trauma- related disorders in adults.

Her first book, *Creating Sanctuary: Toward the Evolution of Sane Societies* tells the story of the creation of one of the nation's first inpatient programs for the treatment of adults who were abused as children. In 2006, Dr. Bloom became a recipient of the Temple University School of Medicine Alumni Achievement Award for her work. She is the Past- President of the Philadelphia chapter of Physicians for Social Responsibility (PSR) and during her tenure Dr. Bloom co-authored a second book, *Bearing Witness: Violence and Collective Responsibility*, the first book to focus on the intersection between traumatic experience and public health. In 2010 Dr. Bloom co-authored, *Destroying Sanctuary: The Crisis in Human Service Delivery*,

published by Oxford University Press that focuses on the impact of organizational stress in human service organizations. The third volume of this series, *Restoring Sanctuary: Transform Your Organization and Change the World* has just been published by Oxford University Press.

She is currently Co-director of the Center for Nonviolence and Social Justice and Associate Professor of Health Management and Policy at the School of Public Health at Drexel University.

April 3 Program Highlights:

- **Welcome:** Sister Paulette LoMonaco, Executive Director of Good Shepherd Services
- **Restoring Sanctuary:** Dr. Sandra Bloom
- World Café Conversations: **What are the risks we must take to create a different future? What's at stake at this time in our work?** Nancy Fritsche Eagan, Renee Jackson & Lina Cramer
- **Organizational and Systems Risk Taking:** Dr. Sandra Bloom
- World Café Conversations: **What will it take to shift our systems?**
- **Next steps:** Lina Pasquale, Good Shepherd Services Division Dir.

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