

Our Instructor

Patricia A. Burke, MSW, LCSW, BCD

Patricia is a Board Certified Diplomate in Clinical Social Work, a Certified Clinical Alcohol, Tobacco, and Other Drugs Social Worker, and a Certified Clinical Supervisor with over thirty years of clinical and teaching experience. Patricia is a nationally recognized trainer and currently on the faculty of Union Institute & University undergraduate program in the Psychology & Human Development concentration and the Addiction Studies specialty. Patricia was on the faculty of the Rutgers Summer School of Alcohol and Drug Studies from 1989-2010. She has been an instructor for the Addiction Technology Transfer Center of New England at the Brown University Center of Alcohol Studies since 1999 and a trainer for CCSME since 2006. She's been on the faculty of the New England Institute of Addiction Studies, the University of New England School of Social Work, University of Southern Maine, and Southern Maine Community College. Her most recent publications include one chapter in *Trauma Counseling: Theories and Interventions* (Springer 2012). Other recent publications include three chapters in *Psychological Trauma and Addiction Treatment* (Haworth Press, 2006). She was also on the Expert Advisory Board of *Managing Depressive Symptoms in Substance Abuse Clients During Early Recovery, Treatment Improvement Protocol (TIP) Series 48 (Substance Abuse and Mental Health Services Administration, 2008)*. Patricia is a member of the Motivational Interviewing Network of Trainers (MINT) and maintains a private clinical and consultation practice in Yarmouth, Maine.

CONTACT HOURS

Certificates will be emailed to participants upon completion of an online course evaluation.

- 8 contact hours for nurses.
CCSME Provider Unit is an approved provider of continuing nursing education by ANA-Maine, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.
- 8 contact hours by the Maine Board of Alcohol and Drug Counselors pending approval
- 8 Category I contact hours for Psychologists are provided. CCSME is a pre-approved sponsor and provider of Professional Education Activities for Psychologists.
- Certificate of attendance for 8 contact hours for social workers, licensed clinical professional counselors, and other professionals

Substance Abuse & Depression: A Collaborative Approach to Treatment and Recovery



A Four-Week Online Course Beginning January 21, 2013

Sponsored by the Co-Occurring Collaborative Serving Maine
with funding from Substance Abuse and Mental Health Services,
an Office of the DHHS

Substance Abuse & Depression: A Collaborative Approach to Treatment and Recovery

The relationship between depression and substance abuse is complex. Depression can precede, follow or co-occur with substance use, abuse, and dependence. This four-week online course will examine this complex relationship and provide a framework for a collaborative and integrated approach to screening, assessment, treatment and recovery from these co-occurring conditions. This course will also address attitudes, beliefs, and emotional reactions of service providers, the perspectives of consumers with depression and substance use concerns, and a collaborative approach to screening, assessment and management of suicidal risk. Learning methods include online lessons, clinical examples, homework, and online discussion forums. At the end of this online course, participants will be able to:

- ☛ Describe the complex relationship between depression and substance abuse and the concept of integrated care
- ☛ Identify and screen for the signs of depression and suicidal thoughts, feelings and behaviors and how they are impacted by substance use, abuse, and dependence
- ☛ Develop collaborative strategies for screening, assessment and treatment and recovery plans
- ☛ Describe the perspective of consumers with depression. Identify and manage one's own attitudes, beliefs, and emotional reactions to working with people with depression, suicidal expressions, and substance abuse issues
- ☛ Develop collaborative strategies for working with people with depression and substance abuse and managing suicidal risk

Target Audience

Mental health, alcohol and drug counselors, social workers, case managers, health care providers, probation personnel, clinical supervisors and peer counselors

Refund Policy

Cancellations received in writing either by email, fax or mail are accepted until one week before the course begins and will be refunded minus a \$10 administrative fee. Students who cancel less than one week before the course begins or fail to participate will be charged the full registration fee.

Register online today with a credit card!

<http://sadepression.eventbrite.com>

Substance Abuse & Depression: A Collaborative Approach to Treatment and Recovery

- Date** This four-week online course begins 1/21/2013
After you register, the online course materials and instructions will be emailed to you before the start date
- Cost** CCSME Members \$ 65.00
Non-Members \$ 75.00

Name(s) & Credentials

Organization

Address

Address

Telephone

Fax

Email

Total due: _____

If you are unable to register online, CCSME accepts registrations with a check or purchase order. Mail this form to CCSME with your check or with a copy of your purchase order to:

CCSME

94 Auburn Street, Ste. 110, Portland, Maine 04103

Method of Payment

- Check made payable to CCSME
 Purchase order #