Here is a list of sample questions that may be helpful to you during your mentoring session:

- Is there anything that you know now that would have been beneficial in your career decision?
- Did you participate in an internship in your field, and if so, was it helpful?
- What personal characteristics are important for the work you perform?
- What are the biggest challenges in your career?
- What do you enjoy the most about your career?
- Is there any technique of networking that you would recommend?
- Do you have any recommendations to assist in preparing for a career in this field?
- Are there any post graduate classes or seminars that you recommend?
- What do you perceive is the outlook for careers in this field in 10 years?