

Please tick the seminar you want to attend in 2014

SMARTLoving

Registration Form

<input type="checkbox"/>	15 & 16 February
<input type="checkbox"/>	21 & 22 June
<input type="checkbox"/>	18 & 19 October

Husband

Name

.....

Religion

Wife

Name

.....

Religion

Address

.....

.....Postcode

Phone

Mobile

E-mail

Parish

Wedding date dd/mm/yy

Dietary or other special requirements?

"An opportunity to stop, and in a safe place covered by prayer, reflect on our marriage in a deep way. Hugely beneficial....given us energy and renewed appreciation of our togetherness."



Two non-residential days, both starting at 9am.

Saturday includes opportunity for the Sacrament of Reconciliation followed by the Vigil Mass and a celebratory evening meal, ending at 9pm.

Sunday concludes at 4pm.

Workbooks, all refreshments, lunch both days and the Saturday evening meal are included in the fee.

INFORMATION & BOOKINGS

cathmacgillivray@rcdow.org.uk 020 7931 6064

Office for Marriage & Family Life
Vaughan House
46 Francis Street
London SW1P 1QN



Diocese of Westminster



SMARTLoving

Catholic

**MARRIAGE ENRICHMENT
SEMINAR**

St Joseph's Pastoral Centre
Hendon, London NW4 4TY

Dates in 2014 (20th anniversary
of the International Year of the Family)

Sat 15th & Sun 16th February
(National Marriage Week)

Sat 21st & Sun 22nd June

Sat 18th & Sun 19th October

£90 per couple

2-day non-residential





Rediscover the joy of being a man and woman in love, drawing on the wisdom of the authentic Catholic teaching on the Theology of the Body.

For all ages and stages of marriage—refreshing insights and powerful strategies help you turn your good marriage into a GREAT marriage.

Facilitated by married couples who illustrate each topic with examples and stories from their own lives.

Workbooks help you reflect on your own relationship together as a couple.

There is no group sharing.

Topics include the gift of sexuality, formation by our family of origin, trust & control, forgiveness & healing, spiritual aspects of sex, sacrament, the power of our relationship to influence others. Further information at

www.smartloving.org/marriage/

What couples say about SmartLoving

“Wow! Never heard anything like it. Starting to change my life and marriage.”

“An eye opener. Every married couple needs this to enrich their marriage and their own personal life. Should be made mandatory, as we go so deep in the meaning of marriage and love. This should be a refresher course at least every 5 years to appreciate each other.”

“It’s been great to revisit our marriage preparation this weekend, as an MOT. We identified a few issues which needed to be addressed and now feel freshly motivated to work practically through them in love. I am grateful for that.”



“It has helped me to understand more about sacrificial love in marriage. Opportunity to have a base to work from and talk about challenges and changes needed. Given new ideas about openness and communication.”

“A wonderful weekend—why did it take us so long to take time out for ourselves? We will reap the benefits well into the future. Please tell all the team how much we appreciate the time and effort that they put into it. We hope someday to do the same for others.”

SmartLoving 2014 Catholic Marriage enrichment seminars at St Joseph’s Pastoral Centre, NW4 4TY

Registration Essential

15 & 16 February

21 & 22 June

18 & 19 October

By Post

Send this form (see reverse) when completed to Marriage & Family Life, Vaughan House, 46 Francis Street, London SW1P 1QN, with a cheque for £90 payable to **PMRC UK**.

By Email

cathmacgillivray@rcdow.org.uk

Email the details asked for on the form and pay £90 by bank transfer.

Account Name: PMRC UK
Account No: 67158188
Sort Code: 51-50-14



Looking for a lasting gift for a special couple?

Why not buy the SmartLoving experience for a married couple you know?

Send us their name and contact details together with your payment of £90. Present them with this leaflet and our receipt; they can then choose which of the dates best suit them and register using this form. We will remind them of each approaching seminar until they are able to sign up for one.