



UNC  
SCHOOL OF MEDICINE

**Postpartum Support International and University of North Carolina Center for Women's Mood Disorders  
27<sup>th</sup> Annual PSI Conference ~ Chapel Hill, North Carolina**

***"Creating Connections between Communities, Practitioners, and Science: Innovative Care for Perinatal Mental Health"  
With The Reproductive Psychiatry Group and the National Alliance on Mental Illness (NAMI) North Carolina***

**Friday Center | 100 Friday Center Drive | Chapel Hill, North Carolina 27599**

**June 18-19, 2014 | PSI Pre-Conference Perinatal Mood and Anxiety Disorders Certificate Training  
June 20- June 21, 2014 | MAIN CONFERENCE PROGRAM with Keynotes & Breakouts**

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| <b>FRI 8:00-8:15<br/>WELCOME</b>       | <b>Leslie Lowell Stoutenburg, RNC, MS, PSI President</b><br><b>Chris Raines, RN MSN APRN-BC, 2014 Conference Program Chair</b>                                                                                                                                                                                                                                                                                                                                |                                                                                                                                        |                                                                                                                                                                                                                                                                                 |                                                                                                                          |
| <b>FRI 8:15- 9:15<br/>KEYNOTE 1</b>    |  <b>David Rubinow, MD</b> , Assad Meymandi Distinguished Professor and Chair of the Department of Psychiatry of the University of North Carolina at Chapel Hill, an internationally known expert in the evaluation and treatment of women with mood disorders that occur during periods of hormonal change, will speak about cutting edge research on women's mental health. |                                                                                                                                        |                                                                                                                                                                                                                                                                                 |                                                                                                                          |
| <b>FRI Breakout I<br/>9:30-10:30</b>   | Integrative and Holistic Approaches to Antepartum and Postpartum Mood:<br><b>Kelly Brogan MD ABIHM, Healy Smith MD, and Maria Muzik MD</b>                                                                                                                                                                                                                                                                                                                    | Developing Screening, Treatment, & Support in Pediatric Primary Care:<br><b>Matthew Broom, MD, Amy Ladley, PhD, Rashmi Narayan, MD</b> | Women's views of a point-of-care treatment model:<br><b>Lisa Segre, PhD</b> ; "What's Trust Got To Do With It?" Utilizing the MotherWoman Support Group Model in hard-to-reach communities:<br><b>Annette Cycon, LICSW</b>                                                      | A New Married State: Postpartum depression and Tokens of Affection: <b>Karen Kleiman, MSW, LCSW</b>                      |
| <b>FRI Breakout II<br/>10:45-11:45</b> | Beyond the Myths, Implications for Care: How adoption shapes motherhood for Birthmothers, Adoptees and Adoptive Parents: <b>Beth Bassett, LPC and Jessica Harrison, LCSW</b>                                                                                                                                                                                                                                                                                  | Maternal Depression, Infant Toxic Stress and Screening in Primary Care:<br><b>Marian Earls, MD</b>                                     | Breastmilk, Epigenetics and PMAD: Unraveling the relationship between support, genetics and long-term impact of breastmilk: <b>Laurel Wilson, IBCLC</b> ; Maternal Mental Health and Breastfeeding; Optimizing Outcomes for Mothers and Babies: <b>Maggie Muir, LMFT, IBCLC</b> | <i>My baby would be better off without me:</i> Straight talk about Suicide: <b>Gabrielle Kaufman, MA,LPCC,BC-DMT,NCC</b> |

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| <b>FRIDAY<br/>12:00-1:00</b>            | <b>PSI LUNCHEON</b><br>Ilyene Barsky Award presented by Diana Lynn Barnes, PsyD, MFT<br>Guest Speaker Deb Wachenheim                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                   |                                                                                                                                                                                |
| <b>FRI 1:15-1:30</b>                    | <b>Robin Muskal, PhD, Practicing Mindfulness with Ourselves, Part I</b>                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                   |                                                                                                                                                                                |
| <b>FRI 1:30-2:00<br/>KEYNOTE 2</b>      |  <b>Joy Burkhard, MBA:</b> <i>"A Look from the Outside In: Barriers to Screening &amp; Treatment."</i><br>Founder of the California Maternal Mental Health Collaborative and the national 2020 Mom Project, Joy will share what brought her to our cause, her interest in collaboration, and what the 2020 Mom Project is doing to address barriers to care. |                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                   |                                                                                                                                                                                |
| <b>FRI Breakout III<br/>2:15 - 3:45</b> | Sustainable Community Networks: Working Models of Telephone and Group Support: <b>Moderator Birdie Meyer, RN, MA; Crystal Clancy, Lisa Cross, Wendy Davis, Liz Friedman, Adrienne Griffen, Melissa Hoffman, Amber Koter-Puline, Sonia Murdock, Jennifer Silliman</b>                                                                                                                                                                          | Pregnancy and Eating Disorders; 9 Months of Cravings V/S A Lifetime of Struggles: <b>Fatima Ali, MD, Dawn Leprich-Graves, MA</b><br>Eating Disorders and the Effects on Pregnancy and the Postpartum Period, <b>Jacqueline V. Cohen, LPC, CHT and Kris Shock, CPS</b> | Becoming Us - Family Bonding, <b>Elly Taylor;</b><br>Why Dads Leave - Why Dads Stay: Male Postpartum Abandonment Syndrome: <b>John W. Travis, MD, MPH;</b><br>Partner-Assisted Interpersonal Psychotherapy <b>Anna R. Brandon, PhD, MCS, ABPP</b> | Meditation, Mindfulness and Yoga in treatment and support of Perinatal Mood Disorders: <b>Diane Sanford, PhD; Susan Ellis Murphy, MA, BSN, RNC-OB, LPC; Robin Muskal, PhD</b>  |
| <b>FRI Breakout IV<br/>4:00 - 5:30</b>  | From Crisis to Contribution: Turning Our Lived Experience into Advocacy: <b>Moderator Wendy Davis, PhD, Jennifer H Moyer, BS; Michele Davidson PhD, CNM, CFN, RN; Tara Tulley, CPM, LCSW; Pam Moffitt from Tree of Hope</b>                                                                                                                                                                                                                   | Three Faces of Psychotherapy: Acceptance and Commitment Therapy, Dialectical Behavior Therapy, and Interpersonal Psychotherapy Demonstrated: <b>Crystal Edler Schiller, PhD, Noreen Esposito, EdD, PMHNP, Anna Brandon, PhD</b>                                       | Pregnancy Loss Support Program; Baby Loss and Postpartum: <b>Nancy Berlow, LCSW-R; Julie Bindeman, PsyD</b>                                                                                                                                       | Effective Perinatal Groups: <b>Gina Hassan, PhD and Lee Safran, MFT; Maria Muzik, MD</b> - Mom Power: A Parenting and Mental Health Group Intervention for Mothers and Infants |

### FRIDAY June 20, 2014 | 5:45 – 7:00pm | Sharing and Poster Session

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| Intensive Intervention for PMD: The Pine Rest Mother & Baby Program                                        | Cristina Stauffer, LMSW & Nancy Roberts RN, CCE, CBC                     |
| Development of an Intervention for PPD among Impoverished Mothers                                          | McClain Sampson, Ph.D., M.S.S.W, 2013 Hickman Research Award winner      |
| Caring for the Fetus and the Family: Psychosocial Support for Families Expecting Babies with Birth Defects | Joanna CM Cole PhD, CD(DONA)                                             |
| Screening for depression in expectant parents with a confirmed fetal abnormality                           | Joanna CM Cole PhD, CD(DONA), Haley Smith, BBA                           |
| Creating a Regional Resource Network for Depressed Women                                                   | Debra Zand, PhD and Jerri Michael, BA                                    |
| How National Alliance on Mental Illness(NAMI) Can Facilitate Local Resources                               | Deby Dihoff, MA and Jennifer Rothman, BA                                 |
| Psychotherapy imbedded within OBGYN clinics: The benefits and Challenges                                   | Rachel M. Feuer, Ph.D., Anna Kessler-Cordeiro, Ph.D., Lauren Anker, M.A. |
| Mother's Oasis: Lessons Learned from a Grassroots Community Resource Center                                | Carole Sheehan RN, MA and Fania Bevill RN                                |
| Opioids, Pregnancy, and Professionals                                                                      | Melissa L. Godwin MSW, LCSW and Judith Johnson - Jones, MA, LCAS         |
| Paternal Empathy, Maternal Mood and Marital Satisfaction in New Parents                                    | Sandra R. Wolkoff, LCSW-R                                                |
| Postpartum and Family Dogs--Decreasing Stress While Increasing Success!                                    | Jennifer Shryock BA, CDBC                                                |
| Self-Esteem & PMAD's: Treating Postpartum Sense-of-Self Using Positive Psychology                          | Christina Hibbert, PhD                                                   |
| Texting as an Adjunct Treatment for Urban Mothers with PMAD's                                              | Elizabeth Rhyne RN, CPNP, Ashley Borawski RN, CPNP, Amy Ladley, PhD      |
| Therapy Outside the Box: Reflections from the CT Depression Improvement                                    | Jennifer Vendetti, MSW                                                   |
| Use of Off Label Medications in the Treatment of PMADs                                                     | Sheila Ward CNM, APRN                                                    |
| Why Dads Leave--Why Dads Stay: Male Postpartum Abandonment Syndrome                                        | John W. Travis MD, MPH                                                   |
| Post-Traumatic Stress Disorder and Childbearing Women                                                      | Cheryl Zauderer, PhD, CNM, NPP, IBCLC                                    |

## Friday Night Banquet ~ June 20, 2014 ~ 7:00 pm -10:00pm

Friday Center | 100 Friday Center Drive | Chapel Hill, North Carolina 27599



**Join us Friday June 20, 2014**, for the annual PSI Banquet, a wonderful event with Katherine Stone as Banquet Emcee and Susan Benjamin Feingold, PsyD Banquet Keynote. You'll find an exciting drawing of desirable items, delicious reception and dinner, and the opportunity to connect with conference speakers, sharing session presenters, and conference participants. Come meet other advocates, providers, community members, and researchers, all dedicated to the care, support, and treatment of families.



**Katherine Stone, Banquet Emcee:** Katherine Stone is the creator of [Postpartum Progress](#), the world's leading blog on postpartum depression and a New York Times Must-Read Parenting Blog. Katherine is the founder of [Postpartum Progress Inc](#), a national nonprofit supporting pregnant and new moms with perinatal mood and anxiety disorders. She has been named one of the fiercest women in America by More Magazine, and also a WebMD Health Hero.



**Susan Benjamin Feingold, PsyD, Banquet Keynote**, is a licensed clinical psychologist, author and adjunct professor at Illinois School of Professional Psychology, Chicago Campus of Argosy University. In her clinical practice, she has specialized for over twenty years in women's mental health issues related to reproductive function, including perinatal depression and anxiety disorders, adjustment disorders, PMDD, fertility issues, pregnancy loss, menopausal problems, PTSD, sexual issues and couple relationship problems. Dr. Feingold will sign copies of her new book, [\*"Happy Endings, New Beginnings: Navigating Postpartum Disorders"\*](#) (New Horizon Press, 2013).

## SATURDAY, JUNE 21, 2014

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| <b>SAT June 21<br/>8:00-8:15</b>       | <b>WELCOME:</b><br><b>Anna R. Brandon, PhD, ABPP, 2014 Conference Co-Chair</b><br><b>Wendy Davis, PhD, PSI Executive Director</b>                                   |                                                                                                                                                                                                                                       |                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                  |
| <b>SAT 8:15-9:15<br/>KEYNOTE 3</b>     |                                                                                    | <b>Marguerite Morgan LMSW, PhD, CAADC, IMH-E (II): Perinatal Mood Disorders among African American Childbearing Women</b><br>Dr. Morgan is the Clinical Supervisor of Arbor Circle Early Childhood Services in Grand Rapids, Michigan |                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                  |
| <b>SAT Breakout V<br/>9:30 - 11:00</b> | Understanding Infanticide:<br><b>Diana Lynn Barnes, PsyD, MFT</b> ; Examining Postpartum Psychosis: <b>Michelle Davidson, PhD, CNM, CFN, RN, CPS</b>                | Reproductive Psychiatry Group: Special Topics in Perinatal Psychiatry. Cases and topics moderated by <b>Adrienne Einarson, RN, Reproductive Psychiatry Group Founder</b>                                                              | Study of stress, hormones and mood in Latina women: <b>Sandraluz Lara-Cinisomo, PhD</b> ; Postpartum Depression Rates, Perspectives, and Help-Seeking Behavior among Asian American Mothers: <b>Deepika Goyal, PhD, FNP-C</b> | Complex Trauma and Loss in Postpartum: A Psychodynamic Approach: <b>Lorraine Caputo, MSW, LCSW</b> ; Cognitive Processing Therapy for Traumatic Birth: <b>Anna R. Brandon, PhD, Shaileen Patton, JD</b>                                          |
| <b>SAT Breakout VI<br/>11:15-12:15</b> | Psychotropic Medication During Pregnancy: Scientist, Industry, Clinician and Patient Perspectives: <b>Edith Gettes, MD &amp; Vani Vannappagarri, MBBS, MPH, PhD</b> | Assessment and Treatment of Postpartum Obsessive-Compulsive Disorder: <b>Licia Freeman, M.A.</b>                                                                                                                                      | Stakeholder Meetings: The First Step in Leading Transformational Change: <b>Joy Burkhard &amp; Liz Friedman</b>                                                                                                               | Texting as an Adjunct Treatment for Urban Mothers with PMAD's: <b>Elizabeth Rhyne, RN &amp; Ashley Borawski, RN, Amy Ladley, PhD</b> ; Online Psychotherapy and Support for Perinatal Women: The Wave of The Future: <b>Pec Indman, EdD, MFT</b> |
| <b>SAT 12:30-1:30</b>                  | <b>SATURDAY LUNCH</b><br><b>Networking and PSI Yearly Report</b>                                                                                                    |                                                                                                                                                                                                                                       |                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                  |

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| <b>SAT 1:45-2:00</b>                          | <b>Robin Muskal, PhD</b><br><b>Practicing Mindfulness with Ourselves, Part II</b>                                                                                                    |                                                                                                                                                                                                                                                                            |                                                                                                                          |                                                                                                                                                         |
| <b>SAT 2:00-2:45</b><br><b>KEYNOTE 4</b>      |                                                                                                     | <b>Samantha Meltzer-Brody, MD, MPH: Pharmacologic Management of Perinatal Mood and Anxiety Disorders: A Comprehensive Review of Risks and Benefits.</b> Dr. Meltzer-Brody is the Director of the University of North Carolina at Chapel Hill Perinatal Psychiatry Program. |                                                                                                                          |                                                                                                                                                         |
| <b>SAT Breakout VII</b><br><b>3:00 - 4:00</b> | Holding a Mother/Holding A Baby: Forging Connections with the Low Income Pregnant Woman:<br><b>William Meyer, MSW</b>                                                                | Women's Integrated Systems for Health (WISH): Developing Innovative Partnerships to Improve Women's Health: <b>Sarah Verbiest, DrPh, Stephen Horton, PhD, MPH</b>                                                                                                          | "Ask the Pediatrician": Bridging Pediatrics and Perinatal Mental Health:<br><b>Margaret Howard, PhD; Dana Kaplan, MD</b> | Intensive Intervention for Perinatal Mood Disorders: The Pine Rest Mother & Baby Program: <b>Cristina Stauffer, LMSW and Nancy Roberts RN, CCE, CBC</b> |
| <b>SAT 4:15- 4:45</b>                         | <b>Conference Closing Session ~ Evaluations and Discussion</b><br><b>Chris Raines and Anna Brandon, Conference 2014 Program Chairs</b><br><b>Wendy Davis, PSI Executive Director</b> |                                                                                                                                                                                                                                                                            |                                                                                                                          |                                                                                                                                                         |



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**PSI Pre-Conference Perinatal Mood & Anxiety Disorders Training, June 18-19, 2014**

**Vendor and Sponsorship Opportunities**

[www.postpartum.net/News-and-Events/PSI-2014-Sponsorship-Exhibitor-Information.aspx](http://www.postpartum.net/News-and-Events/PSI-2014-Sponsorship-Exhibitor-Information.aspx)

**Lodging Information**

[Chapel Hill Courtyard by Marriott, 100 Marriott Way, Chapel Hill, North Carolina, 27517](#)

Click Above or call 800-321-2211 | Mention [UNC Mood Disorders Conference Block](#) for reservation discount

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